

Communicable Illness Control for Schools

Updated Disease Guidelines

Disease	Incubation Period	Exclusion from School
Chicken Pox	14-21 days	Exclude until all lesions are crusted (7-10 days).
Impetigo	Variable	Exclude 48 hours after treatment starts.
Mumps	Variable	Exclude 4-7 days after onset of symptoms.
Rubella (German Measles)	14-17 days	Exclude 5-7 days from rash onset.
Measles (Red Measles)	10-14 days	Exclude 7 days from rash onset.
Pink Eye	1-3 days	Exclude 48 hours after treatment starts.
Whooping Cough	9-10 days (avg. 21)	Exclude until full recovery.
Lice	N/A	Exclude until initial treatment is complete.
Hand, Foot and Mouth	3-5 days	Exclude until blisters in mouth and hands disappear.
Flu	1-5 days	Exclude 24 hours after last vomiting episode.
COVID-19	2-14 days	Follow BCCDC guidance; generally isolate for 5 days or until symptom-free.
RSV	4-6 days	Exclude until symptoms improve.
Invasive Group A Strep	1-3 days	Exclude until 24 hours after starting antibiotics.

General Notes:

- Notify the school office and classroom teacher for any confirmed cases of the above illnesses.
- Ensure compliance with local health authority recommendations and updated guidance from the British Columbia Centre for Disease Control (BCCDC).
- Implement proper ventilation, hand hygiene, and cleaning protocols to reduce the spread of illnesses.
- Vaccination status may affect isolation and exclusion recommendations, especially for diseases like COVID-19 and influenza.

For further information, consult the BCCDC or your local public health office.